To: Dunwoody Village Residents, Families and Staff

From: Kathy Barton, Director of Operations

Brandon Jolly, Director of Health Services

Re: CONTINUED UPDATE RE: COVID-19



December 24, 2020

General Updates:

Vaccine Updates:

On Wednesday, December 19th I received emails from CVS Pharmacy, Dunwoody's partner in administering Covid-19 Vaccines to our Community through the Federal Government Program, "Operation Warp Speed." I was advised of two dates when CVS Pharmacy <u>tentatively</u> plans to be on site at Dunwoody to begin administering Covid-19 Vaccines to Care Center residents and staff before the end of the year. We are unsure of the vaccine manufacturer at this point, but we do expect it will be one of the vaccines requiring a second booster, approximately 20 days after the first dose has been administered. In the email that I received from CVS, they stated that someone would be contacting me soon with further details and to confirm dates for onsite vaccination to begin. Please note: Care Center residents and staff have been prioritized for vaccination by the government. Dunwoody Village will advocate to have our independent living residents be included in this priority vaccination, however, at this time we don't know the government's plan for independent residents living in senior communities like ours. We will fight for your inclusion for priority vaccination. Receiving the emails from CVS Pharmacy was very encouraging; however, as of the writing of the update we have not received the call from CVS Pharmacy to confirm when vaccination will start.

We are rapidly approaching a vaccine everyone! Please don't let your guard down through the holidays. Please continue to wear a mask diligently when you're out and about, wash your hands more than you feel is necessary and socially distance when visiting family and friends.

On behalf of myself and all Care Center staff we wish everyone a Merry Christmas, Happy Hanukah or whatever you celebrate and a Wonderful New Year!

Brandon Jolly
Director of Health Services

Care Center Updates: COVID-19 Testing and Guidelines:

County Positivity Rate:

Delaware County's Covid-19 Positivity Rate remains above 10%, currently at 11.6%. Delaware County will remain in a "red-level" of risk for Covid-19 until the County positivity rate drops below 10%. Many surrounding counties have much higher positivity rates. Additionally, we have seen a significant increase in the number of residents and staff testing positive for Covid-19. The number of positive cases being seen in area hospitals, the number of cases in area Critical Care Units and the number of deaths in the hospitals have also been increasing at an alarming rate.

Status of Positive Cases in the Care Center:

Both the Dundale Unit and the Pavilion Unit in skilled nursing are currently under strict precautions due to six positive resident cases being identified during regular testing. We are happy to announce that one of the residents is planning to discharge soon. Please continue your thoughts and prayers for those who have not yet recovered. The units are closed to all access, except for essential staff needed to provide care to residents on the units. Please note that not all of the positive residents in skilled contracted the virus while on the skilled unit.

The Fairlee Unit in skilled is on "yellow-level" precautions due to a positive staff member exposure to the unit.

In personal care, the Woodlea Unit was placed on "red-level" precautions on December 23rd due to a positive resident being identified on the unit. This resident was transferred to a "red-level" skilled unit immediately.

Recent concerns of a possible exposure to Cedars West in personal care were alleviated due to receipt of negative test results for those who were of concern. No additional staff have been identified with positive test results since the last update. The Care Center is very focused on routine disinfecting, personal protective equipment compliance and hand-washing with staff and residents.

Testing:

Each week through the New Year we will be testing all staff and all Care Center residents.

Residential Updates:

Status of Positive Cases:

Effective Wednesday, December 23, 2020, and until further notice, any residential resident who is discharged from skilled to his or her residential home will be quarantined for 7 days and will be Covid-19 tested on the 5th day of the quarantine.

One East Country House resident (in the same residence as the previously reported ECH Covid-19 positive resident who was moved to Skilled) tested positive for COVID-19 and remains in isolation. Residents in the area between doors B and C in the ECH Hallway have been asked to quarantine for 14 days as of Friday, December 18th.

All live programs previously scheduled are cancelled until further notice. All group gatherings are currently cancelled.

Holiday Travel:

If you plan to spend the holiday with family or friends or join them for a holiday meal, please let Health & Wellness know that you will be off campus by calling 610-359-4417. According to Dunwoody policy, upon return you are required to quarantine in your home residence for 14 days.

HOUSEKEEPING Holiday Schedule:

Christmas Schedule (Week of 12/21 - 12/25):

Monday regularly scheduled residents WILL receive services

Tuesday regularly scheduled residents will NOT receive housekeeping services but will receive linens.

Wednesday regularly scheduled residents will receive services on TUESDAY.

Thursday regularly scheduled residents will receive services on WEDNESDAY.

Friday regularly scheduled residents will receive services on THURSDAY.

No services will be scheduled for Christmas Day, December 25th.

New Year's Schedule (Week of 12/28 - 1/01):

Monday regularly scheduled residents WILL receive services.

<u>Tuesday</u> regularly scheduled residents WILL receive services.

Wednesday regularly scheduled residents will NOT receive housekeeping services but will receive linens.

Thursday regularly scheduled residents will receive services WEDNESDAY.

Friday regularly scheduled residents will receive services THURSDAY.

No services will be scheduled for New Year's Day, Friday, January 1st.

DINING Holiday Schedule:

Christmas Eve – regular dinner service time New Year's Eve – regular dinner service time Christmas Day – 12:00 – 1:30 p.m. New Year's Day – 12:00 – 1:30 p.m.

Fill out your menu choices as you currently do. To-Go meal service cannot be offered until current restrictions are lifted. If you would like a Holiday meal and are not on the meal plan, the meal cost is \$15.00. Please notify us of any change in your plans as soon as possible.

Travel Restrictions - PA Department of Health: www.PA.gov

By Order issued November 17, 2020, as of 12:01 a.m. Friday, November 20, 2020: Travelers entering PA from other countries or states as well as Pennsylvanians who are returning home from other countries or states are required to have a negative COVID-19 test within 72 hours prior to entering the Commonwealth of PA or quarantine for 14 days upon entry into PA. Individuals travelling for work, medical reasons, or military order are exempt. This travel restriction to and from ALL states remains in effect until further notice.

CHANNEL 1970

December 27 – January 2 2021

| 12/27-1/2 | Morning | Afternoon | Evening |
|--------------------|--|--|---|
| | | *All showings are at 2 pm, unless otherwise noted | |
| Sunday 12/27 | | 3 PM Movie – "Holiday Inn" Bing Crosby, Fred Astaire, Marjorie Reynolds 1942 PG 100 min Comedy, Drama, Music | |
| Monday 12/28 | Exercise: Cathi Ford 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength (Similar to one in Fitness Class before Covid) | How Winston Churchill Changed the World, Michael Sheldon ((Age of Appeasement; Road to Dunkirk) | 7 PM – ** "Little Dieter Needs to Fly" 1hr 14m |
| Tuesday 12/29 | Exercise: Jo 9:00 Morning Stretch 9:45 Personal Care 10:30 Strength ♥ 11:15 Indoor Chair Yoga* | Keeping Up Appearances, 31 & 32 | 7 pm – "Born Yesterday" Judy Holliday, William Holden, Broderick Crawford 1950 PG 103 min Comedy, Drama, Romance |
| Wednesday 12/30 | Exercise: Pat 9:00 Morning Stretch 9:45 Modified Arthritis Foundation 10:30 Strength Class \$\textstyle{\textstyle{\textstyle{11:15}}} \textstyle{\textstyle{11:15}} \textstyle{\textstyle{11:15}} | Shooting Stars Holiday Performance | 7 pm – Berliner Philharmoniker performance 31 Dec. 2005 Mozart Gala for New Year's Eve (Marriage of Figaro: overture & finale, Piano Concerto No. 9, Symphony No. 38) |
| Thursday 12/31 | Exercise: Bonnie 9:00 Morning Stretch 9:45 Balance Class ♥ 10:30 Pilates Class ♥ Marc Shay: 11:15 Indoor Tai Chi* | Downton Abbey (3, 9) | 7 pm – "Vienna Philharmonic- 2020 New Year's Day Performance" |
| Friday 1/1 | NO CLASS NEW YEARS DAY | How to Look at & Understand Great Art, Sharon Latchaw Hirsh (The Illusion; Art That Moves Us) | 7 pm – Rick Steves Travelogue: The Best of Israel & Palestine |
| Saturday 1/2 | | | 7 pm Movie – "North by Northwest" Cary Grant, Eva Marie, Saint, James Mason (Alfred Hitchcock Film) 1959 PG 136 min Adventure, Mystery, Thriller |

^{*}Indoor Chair Yoga/Tai Chi – Please sign up by calling Fitness Center 10 maximum in the Auditorium

^{**} Blurb: The life of Dieter Dengler, a Naval pilot in the Vietnam War who during one of his first missions was shot down over Laos. The film explores Dengler's incredible tale of survival, from the torture he endured at the hands of the Vietcong to the daring escape he mounted with his fellow prisoners.